



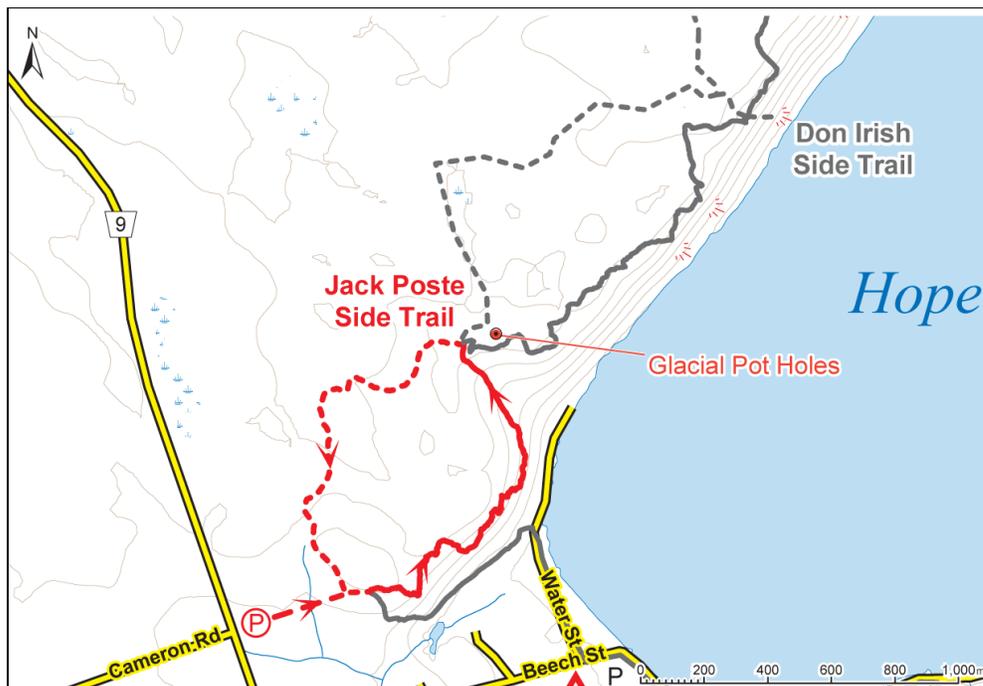
Close to nature.  
Close to home.

THE BRUCE TRAIL  
CONSERVANCY

## Hope Bay Nature Reserve and the Jack Poste Loop

**Hike Length:** 3.6 km

**Section:** Peninsula Bruce Trail Club



**How to get there and Where to Park:** Take Bruce 9 one road north of Beech St (the road into Hope Bay). Park on the east side of the highway, opposite Cameron Rd. Do NOT drive in the track to the east; there is no room there for cars to turn around.

**Description of the Hike:** Walk down the cart track to the east of Bruce 9 until you see the blue blazes of the Jack Poste Side Trail. Continue on a short distance as the gravel track starts to descend, and then take the white blazes of the main Bruce Trail to the left. For the next 1.5 km the Trail climbs and descends several ridges. The last section gradually climbs an old logging track that was used a century ago to bring timber from the interior to the log dump above Hope Bay.

Near where the main Trail again meets the Jack Poste Side Trail, you can visit the Glacial Potholes, located just a short distance to the right (east) on the main Trail. The Glacial Potholes are the relics of a late stage of glaciation when the eddying action of the meltwaters running over the Escarpment carved them out of the bedrock. This area also has a fine display of trilliums in May.

Return to the side trail junction and take the interior route of the blue blazed Jack Poste Side Trail to your left (west) through forest and field to the laneway at the start of the hike. This route was the original location of the Bruce Trail in 1967. Jack Poste was a veteran member of the Bruce Trail who frequently shared his cottage at Jackson's Cove with Bruce Trail volunteers, and today is remembered fondly.